

## **Duck Donuts Nutrition & Allergen Report**

The nutritional values provided herein are based on standard company recipes. The nutritional analysis which produced the nutritional values of these recipes were derived from supplier nutrition information and the USDA database. Menu items are hand-prepared and nutritional values may vary from the stated amount. Menu items marked as containing allergens indicate the presence of those allergens in recipe ingredients. Items marked with specific allergens are not guaranteed to not contain those allergens. This information is updated periodically to reflect current product offerings. Updated August 31, 2023

| Menu Name   | Menu Section                           | Serving Size         | Serving Size Wt | Calories F | Satural<br>at (g) Fat (g |        | Cholestero<br>(mg) | l<br>Sodium (mg) | Carbohydrates (g) | Dietary Fiber<br>(2016) (g) | Total<br>Sugars (g) | Protein (s | g) Allergen Statement                      | Additional Allergen Statement                              | Additional<br>Attributes               |
|---|--|----------------------|-----------------|------------|--------------------------|--------|--------------------|------------------|-------------------|-----------------------------|---------------------|------------|--|--|--|
| Blueberry Icing   | Contraction (                          | 1/2 oz               |                 |            | 0.5 0                    | 0      | 0                  | 0                |                   | 0                           | 10                  | 0          | <u> </u>                                   | May also contain Sulphites.                                | Maria Mariadan                         |
| Blueberry Icing<br>Blueberry Icing - 1/2  | Coatings (Icings)<br>Coatings (Icings) | 1/2 oz<br>1/4 oz     | 14g             |            | 0.5 0                    | 0      | 0                  | 0                | 11                | 0                           | 10                  | 0          |  | May also contain Sulphites.<br>May also contain Sulphites  | Vegan, Vegetarian<br>Vegan, Vegetarian |
| Chocolate Icing   |  | 1/4 oz<br>1/2 oz     | 7g              | 25         | 0 0                      | 0      | 0                  | 10               | 10                | 0                           | 5                   | 0          | Contains Milk, Soy.                        | May also contain Sulphites.<br>May also contain Sulphites. |  |
| Chocolate Icing - 1/2   | Coatings (Icings)<br>Coatings (Icings) | 1/2 0Z               | 14g<br>7g       |            | 1 0.5                    | 0      | 0                  | 10               | 10                | 0                           | 5                   | 0          | Contains Milk, Soy.<br>Contains Milk, Soy. | May also contain Sulphites.<br>May also contain Sulphites. | Vegan, Vegetarian<br>Vegan, Vegetarian |
| Cinnamon Sugar  | Coatings (Icings)                      | .1 oz                | 7g<br>3g        |            | 0 0.5                    | 0      | 0                  | 0                | 3                 | U                           | 3                   | 0          | Contains wink, soy.                        | way also contain sulprittes.                               | Vegan, Vegetarian                      |
| Cinnamon Sugar Topping -1/2   | Coatings (Icings)                      | .05 oz               | 1.4g            |            | 0 0                      | 0      | 0                  | 0                | 1                 |                             | 1                   | 0          |  |  | Vegan, Vegetarian                      |
| Coffee Icing  | Coatings (Icings)                      | 1/2 oz               | 14g             |            | 0.5 0                    | 0      | 0                  | 0                | 11                | 0                           | 10                  | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Coffee Icing - 1/2  | Coatings (Icings)                      | 1/2 oz               | 7g              |            | 0.5 0                    | 0      | 0                  | 0                | 6                 | ō                           | 5                   | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Donut Glaze   | Coatings (Icings)                      | 1/2 oz               | 14g             |            | 0 0                      | 0      | 0                  | 0                | 11                | ō                           | 10                  | 0          |  | way also contain sulprites.                                | Vegan, Vegetarian                      |
| Donut Glaze - 1/2   | Coatings (Icings)                      | 1/2 02<br>1/4 oz     | 7g              | 20         | 0 0                      | ő      | ő                  | 0                | 6                 | ő                           | 5                   | 0          |  |  | Vegan, Vegetarian                      |
| Hazelnut Coating  | Coatings (Icings)                      | 1/2 oz               | 14g             |            | 4.5 1.5                  | 0      | 0                  | 15               | 8                 | 0                           | 8                   | 1          | Contains Milk, Soy, Tree Nuts.             |  | Vegetarian                             |
| Hazelnut Coating - 1/2  | Coatings (Icings)                      | 1/4 oz               | 7g              | 40         | 2 1                      | ő      | ő                  | 10               | 4                 | ő                           | 4                   | 0          | Contains Milk, Soy, Tree Nuts.             |  | Vegetarian                             |
| Key Lime Icing  | Coatings (Icings)                      | 1/2 oz               | 14g             |            | 0.5 0                    | 0      | 0                  | 0                | 11                | 0                           | 10                  | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Key Lime Icing - 1/2  | Coatings (Icings)                      | 1/4 oz               | 7g              |            | 0 0                      | ő      | ő                  | ő                | 6                 | ő                           | 5                   | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Lemon Icing   | Coatings (Icings)                      | 1/2 oz               | 14g             |            | 0.5 0                    | 0      | 0                  | 0                | 11                | 0                           | 11                  | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Lemon Icing - 1/2   | Coatings (Icings)                      | 1/4 oz               | - '8<br>7g      |            | 0 0                      | ō      | ō                  | ō                | 6                 | ō                           | 5                   | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Lucky Duck Green Vanilla  | Coatings (Icings)                      | 1/2 oz               | 14g             |            | 0.5 0                    | 0      | ò                  | o                | 11                | Ó                           | 10                  | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Lucky Duck Green Vanilla - 1/2  | Coatings (Icings)                      | 1/4 oz               | - '8<br>7g      |            | 0 0                      | 0      | 0                  | 0                | 5                 | ō                           | 5                   | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Maple Icing   | Coatings (Icings)                      | 1/2 oz               | 14g             |            | 0.5 0                    | 0      | 0                  | ō                | 11                | ō                           | 11                  | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Maple Icing - 1/2   | Coatings (Icings)                      | 1/4 oz               | - '8<br>7g      |            | 0 0                      | 0      | 0                  | ō                | 6                 | 0                           | 5                   | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Orange Icing  | Coatings (Icings)                      | 1/2 oz               | 14g             |            | 0.5 0                    | ő      | ő                  | ő                | 10                | ő                           | 9                   | ő          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Orange Icing - 1/2  | Coatings (Icings)                      | 1/4 oz               | 7g              |            | 0 0                      | 0      | 0                  | 0                | 5                 | ō                           | 5                   | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Patrioduck Blue Vanilla Icing   | Coatings (Icings)                      | 1/2 oz               | 15g             |            | 0.5 0                    | ő      | ő                  | ő                | 11                | ő                           | 11                  | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Patrioduck Blue Vanilla Icing - 1/2   | Coatings (Icings)                      | 1/4 oz               | 8g              |            | 0 0                      | ő      | ő                  | ő                | 6                 | ő                           | 5                   | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Peanut Butter Icing   | Coatings (Icings)                      | .8 oz                | 23g             |            | 2.5 1                    | 0      | 0                  | 15               | 17                | ō                           | 15                  | 1          | Contains Peanut.                           | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Peanut Butter Icing - 1/2   | Coatings (Icings)                      | .8 02<br>.4 oz       | 23g<br>11g      |            | 1 0                      | 0      | 0                  | 10               | 8                 | 0                           | 8                   | 0          | Contains Peanut.                           | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Peopermint icing  | Coatings (Icings)                      | 1/2 oz               | 14g             |            | 0.5 0                    | 0      | 0                  | 0                | 11                | 0                           | 11                  | 0          | contains / collut.                         | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Peppermint icing - 1/2  | Coatings (Icings)                      | 1/2 02               | 7g              |            | 0.5 0                    | 0      | 0                  | 0                | 6                 | 0                           | 5                   | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Powdered Sugar  | Coatings (Icings)                      | .1 oz                | 3g              |            | 0 0                      | 0      | 0                  | ň                | 3                 | ō                           | 3                   | 0          |  | , uso contain suprises.                                    | Vegan, Vegetarian                      |
| Powdered Sugar - 1/2  | Coatings (Icings)                      | .05.07               | 1.4g            |            | 0 0                      | 0      | 0                  | 0                | 1                 | 0                           | 1                   | 0          |  |  | Vegan, Vegetarian                      |
| Pumpkin Icing   | Coatings (Icings)                      | 1/2 oz               | 1.4g            |            | 0 0                      | 0      | 0                  | 0                |                   | ō                           | 7                   | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Pumpkin Icing - 1/2   | Coatings (Icings)                      | 1/2 oz               | 7g              |            | 0 0                      | 0      | 0                  | 0                | 4                 | ő                           | 4                   | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Strawberry Icing  | Coatings (Icings)                      | 1/2 oz               | 14g             |            | 0.5 0                    | 0      | 0                  | 0                | 11                | 0                           | 11                  | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Strawberry Icing - 1/2  | Coatings (Icings)                      | 1/2 oz               | 7g              |            | 0.5 0                    | 0      | 0                  | 0                | 6                 | ō                           | 5                   | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Vanilla Icing   | Coatings (Icings)                      | 1/4 02<br>1/2 oz     | 14g             |            | 0.5 0                    | 0      | 0                  | 0                | 11                | ō                           | 11                  | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Vanilla Icing - 1/2   | Coatings (Icings)                      | 1/2 02<br>1/4 oz     | 14g<br>7g       |            | 0.5 0                    | 0      | 0                  | 0                | 6                 | 0                           | 5                   | 0          |  | May also contain Sulphites.                                | Vegan, Vegetarian                      |
| Americano - Large   | Coffee Drinks                          | 20 fl oz             | 496g            |            | 0 0                      | 0      | 0                  | 30               | 2                 | 0                           | 0                   | 0          |  | way also contain sulprites.                                | Vegan, Vegetarian                      |
| Americano - Large<br>Americano - Medium   | Coffee Drinks                          | 16 fl oz             | 490g<br>400g    |            | 0 0                      | 0      | 0                  | 25               | 2                 | 0                           | 0                   | 0          |  |  | Vegan, Vegetarian                      |
|   | Coffee Drinks                          | 20 fl oz             | 400g<br>501g    |            | 9 5                      | 0      | 35                 | 23               | 22                | 0                           | 20                  | 14         | Contains Milk                              |  | Vegetarian                             |
| Cappaccino - Large (no flavoring)<br>Cappaccino- Medium (no flavoring)                  | Coffee Drinks                          | 16 fl oz             | 379g            | 160        | 5 5                      | 0      | 25                 | 150              | 16                | 0<br>0                      | 15                  | 10         | Contains Milk.                             |  | Vegetarian                             |
| Caramel Macchiato - Iced - Medium   | Coffee Drinks                          | 16 fl oz             | 389g            |            | 6 4                      | 0      | 20                 | 160              | 48                | 0                           | 46                  | 9          | Contains Milk                              |  | Vegetarian                             |
| Caramel Macchiato - Iced - Large  | Coffee Drinks                          | 20 fl oz             | 520g            | 380        | * 0<br>* 6               | 0      | 30                 | 220              | 61                | 0<br>0                      | 59                  | 13         | Contains Milk.                             |  | Vegetarian                             |
| Caramel Macchiato - Large   | Coffee Drinks                          | 20 fl oz             | 611g            |            | 10 7                     | 0      | 40                 | 260              | 65                | ő                           | 64                  | 16         | Contains Milk.                             |  | Vegetarian                             |
| Caramel Macchiato - Medium  | Coffee Drinks                          | 16 fl oz             | 481g            | 330        | 8 5                      | ő      | 30                 | 210              | 52                | ő                           | 51                  | 12         | Contains Milk.                             |  | Vegetarian                             |
| Coffee - Large  | Coffee Drinks                          | 20 fl oz             | 533g            |            | 0 0                      | ů<br>0 | 0                  | 10               | 0                 | ő                           | 0                   | 1          | contains mink.                             |  | Vegan, Vegetarian                      |
| Coffee - Medium   | Coffee Drinks                          | 16 fl oz             | 415g            |            | 0 0                      | ő      | ő                  | 10               | 0                 | ő                           | 0                   | 0          |  |  | Vegan, Vegetarian                      |
| Coffee - Small  | Coffee Drinks                          | 12 fl oz             | 296g            |            | 0 0                      | ů<br>0 | ő                  | 5                | 0                 | ő                           | 0                   | 0          |  |  | Vegan, Vegetarian                      |
| Cold Brew - Large   | Coffee Drinks                          | 20 fl oz             | 540g            | -          | 0 0                      | ő      | 0                  | ő                | ő                 | ő                           | 0                   | 0          |  |  | Vegan, Vegetarian                      |
| Cold Brew - Medium  | Coffee Drinks                          | 16 fl oz             | 420g            |            | 0 0                      | 0      | 0                  | ō                | ō                 | ō                           | ō                   | 0          |  |  | Vegan, Vegetarian                      |
| Cold Brew - Small   | Coffee Drinks                          | 12 fl oz             | 300g            |            | 0 0                      | 0      | 0                  | 0                | 0                 | ō                           | 0                   | 0          |  |  | Vegan, Vegetarian                      |
| Dark Chocolate Mocha - Large  | Coffee Drinks                          | 20 fl oz             | 640g            |            | 10 6                     | ő      | 40                 | 320              | 86                | 3                           | 84                  | 19         | Contains Milk.                             |  | Vegetarian                             |
| Dark Chocolate Mocha - Medium   | Coffee Drinks                          | 16 fl oz             | 500g            |            | 7 4.5                    | 0      | 30                 | 250              | 66                | 2                           | 64                  | 14         | Contains Milk.                             |  | Vegetarian                             |
| Espresso Shot   | Coffee Drinks                          | 2.5 fl oz            | 37g             |            | 0 0                      | ő      | 0                  | 5                | 1                 | õ                           | 0                   | 0          | contains mink.                             |  | Vegan, Vegetarian                      |
| Hot Chocolate - Large   | Coffee Drinks                          | 20 fl oz             | 657g            |            | 11 7                     | 0      | 45                 | 340              | 111               | 3                           | 111                 | 21         | Contains Milk.                             |  | Vegetarian                             |
| Hot Chocolate - Medium  | Coffee Drinks                          | 16 fl oz             | 506g            | 490        | 9 6                      | 0      | 35                 | 260              | 82                | 2                           | 82                  | 16         | Contains Milk.                             |  | Vegetarian                             |
| Hot Chocolate - Small   | Coffee Drinks                          | 12 fl oz             | 356g            |            | 7 4                      | 0      | 25                 | 190              | 53                | 1                           | 53                  | 11         | Contains Milk.                             |  | Vegetarian                             |
| Hot Chocolate (Non-Espresso Stores) Large   | Coffee Drinks                          | 20 fl oz             | 615g            |            | 2 1                      | 0      | 0                  | 250              | 53                | ō                           | 51                  | 2          | Contains Milk. Sov.                        |  | Vegetarian                             |
| Hot Chocolate (Non-Espresso Stores) Large   | Coffee Drinks                          | 16 fl oz             | 474p            |            | 1.5 1                    | 0      | 0                  | 190              | 38                | 0                           | 37                  | 2          | Contains Milk, Soy.                        |  | Vegetarian                             |
| Hot Chocolate (Non-Espresso Stores) Medium<br>Hot Chocolate (Non-Espresso Stores) Small | Coffee Drinks                          | 12 fl oz             | 333g            |            | 1 0.5                    | ő      | ő                  | 125              | 23                | ő                           | 22                  | 1          | Contains Milk, Soy.                        |  | Vegetarian                             |
| Hot Flavored Coffee - Large w/White Chocolate Sauce                                     | Coffee Drinks                          | 20 fl oz             | 613g            |            | 4 2.5                    | ő      | 10                 | 140              | 61                | ő                           | 56                  | 3          | Contains Milk.                             |  | Vegetarian                             |
| Hot Flavored Coffee - Medium  | Coffee Drinks                          | 16 fl oz             | 440g            |            | 0 0                      | ő      | 0                  | 10               | 21                | ő                           | 21                  | 0          |  |  | Vegan, Vegetarian                      |
| Hot Flavored Coffee - Small   | Coffee Drinks                          | 12 fl oz             | 305g            |            | 0 0                      | ő      | ő                  | 5                | 7                 | ő                           | 7                   | 0          |  |  | Vegan, Vegetarian                      |
| Hot Flavored Coffee Large   | Coffee Drinks                          | 20 fl oz             | 567g            |            | 0 0                      | 0      | 0                  | 10               | 28                | 0                           | 28                  | 1          |  |  | Vegan, Vegetarian                      |
| Hot Flavored Coffee Small w/ White Chocolate Sauce                                      | Coffee Drinks                          | 12 fl oz             | 336g            |            | 2 1.5                    | ő      | 5                  | 70               | 30                | ő                           | 28                  | 2          | Contains Milk.                             |  | Vegetarian                             |
| Hot flavored Coffee w/ White Chocolate Sauce Medium                                     | Coffee Drinks                          | 16 fl oz             | 474p            |            | 3 2                      | 0      | 5                  | 110              | 46                | 0                           | 42                  | 2          | Contains Milk                              |  | Vegetarian                             |
| Hot Latte - Large (unflavored)  | Coffee Drinks                          | 20 fl oz             | 562g            |            | 10 6                     | 0      | 40                 | 240              | 25                | ō                           | 23                  | 16         | Contains Milk.                             |  | Vegetarian                             |
| Hot Latte - Large / Sauce   | Coffee Drinks                          | 20 fl oz             | 715g            |            | 10 6                     | 0      | 40                 | 340              | 88                | 3                           | 86                  | 19         | Contains Milk                              |  | Vegetarian                             |
| Hot Latte - Large / Syrup   | Coffee Drinks                          | 20 fl oz             | 636g            |            | 10 6                     | 0      | 40                 | 250              | 50                | 0                           | 48                  | 16         | Contains Milk.                             |  | Vegetarian                             |
| Hot Latte - Large / Syrup<br>Hot Latte - Medium (unflavored)                            | Coffee Drinks                          | 16 fl oz             | 455g            | 190        | 7 4.5                    | 0      | 30                 | 180              | 19                | 0                           | 40                  | 10         | Contains Milk.                             |  | Vegetarian                             |
| Hot Latte - Medium (umavoreu)   | Coffee Drinks                          | 16 fl oz             | 455g<br>574g    | 410        | 7 4.5<br>8 4.5           | 0      | 30                 | 260              | 67                | 2                           | 64                  | 12         | Contains Milk.                             |  | Vegetarian                             |
| Hot Latte - Medium / Svrup  | Coffee Drinks                          | 16 fl oz             | 540g            |            | 8 4.5                    | 0      | 30                 | 190              | 41                | 0                           | 39                  | 14         | Contains Milk.                             |  | Vegetarian                             |
| Iced Latte - Large w/ Sauce   | Coffee Drinks                          | 20 fl oz             | 550g            | 490        | 8 5                      | 0      | 30                 | 280              | 83                | 3                           | 81                  | 16         | Contains Milk.                             |  | Vegetarian                             |
| Iced Latte - Large w/ Sauce   | Coffee Drinks                          | 20 fl oz             | 505g            | 320        | 8 5                      | 0      | 30                 | 280              | 49                | 0                           | 47                  | 13         | Contains Milk.                             |  | Vegetarian                             |
| Iced Latte - Large w/ Syrup<br>Iced Latte - Medium / Sauce                              | Coffee Drinks                          | 20 fi oz<br>16 fi oz | 408g            | 320        | 8 5<br>6 3.5             | 0      | 20                 | 200              | 49                | 2                           | 47                  | 13         | Contains Milk.                             |  | Vegetarian                             |
| Iced Latte - Medium / Sauce<br>Iced Latte - Medium / Syrup                              | Coffee Drinks                          | 16 fl oz             | 408g<br>374g    | 230        | 6 3.5                    |        | 20                 | 140              | 36                | 0                           | 34                  | 9          | Contains Milk.                             |  | Vegetarian                             |
| Iced Mocha - Large  | Coffee Drinks                          | 20 fl oz             | 374g<br>550g    | 490        | 6 3.5<br>8 5             | 0      | 20                 | 280              | 36                | 3                           | 34<br>81            | 9<br>16    | Contains Milk.                             |  | Vegetarian                             |
| Iced Mocha - Large<br>Iced Mocha - Medium   | Coffee Drinks                          | 20 fi oz<br>16 fi oz | 408g            | 490<br>360 | 8 5<br>6 3.5             | 0      | 30                 | 280              | 61                | 2                           | 60                  | 15         | Contains Milk.                             |  | Vegetarian                             |
|   | Coffee Drinks                          |                      |                 |            |                          | 0      | 20                 | 200              | 9                 | 2                           | 60                  | 0          |  |  |  |
| Sweet Cream Cold Brew - Large   |  | 20 fl oz             | 594g            | 150<br>100 |                          | 0      | 0                  |                  | а                 | 0                           | -                   | 0          | Contains Milk, Soy.                        |  | Vegetarian                             |
| Sweet Cream Cold Brew - Medium<br>Sweet Tea - Large                                     | Coffee Drinks<br>Coffee Drinks         | 16 fl oz<br>20 fl oz | 456g<br>505g    |            | 8 8<br>0 0               | 0      | 0                  | 35<br>15         | 6<br>30           | 0                           | 4<br>29             | 0          | Contains Milk, Soy.                        |  | Vegetarian                             |
|   |  |                      | JUJK            | 110        |                          |        |                    |                  |                   |                             |                     |            |  |  | Vegan, Vegetarian                      |
|   |  | 168.00               |                 | 00         |                          |        |                    |                  |                   |                             |                     |            |  |  | Vegen Vegeterien                       |
| Sweet Tea - Large<br>Sweet Tea - Medium<br>White Chocolate Mocha - Large                | Coffee Drinks<br>Coffee Drinks         | 16 fl oz<br>20 fl oz | 397g<br>641g    |            | 0 0                      | 0      | 0<br>45            | 10<br>370        | 23<br>86          | 0                           | 22<br>79            | 0<br>19    | Contains Milk.                             |  | Vegan, Vegetarian<br>Vegetarian        |

| White Chocolate Mocha - Medium   | Coffee Drinks            | 16 fl oz                     | 500g          | 410         | 10       | 7          | 0 | 35         | 280         | 64         | 0 | 59         | 14       | Contains Milk.   |  | Vegetarian                             |
|--|--------------------------|------------------------------|---------------|-------------|----------|------------|---|------------|-------------|------------|---|------------|----------|--|--|--|
| Donut - Bare   | Donuts                   | 1 Donut                      | 59g           | 200         | 12       | 4.5        | 0 | 20         | 390         | 25         | 1 | 9          | 3        | Contains Egg, Gluten, Milk, Soy, Wheat.  | May also contain Gluten.   | Vegetarian                             |
| Donut - Bare (1/2)   | Donuts                   | 1/2 Donut                    | 27g           | 100         | 6        | 2.5        | 0 | 10         | 190         | 12         | 0 | 4          | 2        | Contains Egg, Gluten, Milk, Soy, Wheat.  | May also contain Gluten.   | Vegetarian                             |
| Donut - Cinnamon Sugar   | Donuts                   | 1 Donut                      | 66g           | 230         | 13       | 5          | 0 | 20         | 410         | 30         | 1 | 13         | 3        | Contains Egg, Gluten, Milk, Soy, Wheat.  | May also contain Gluten.   | Vegetarian                             |
| Donut - Cinnamon Sugar (1/2)   | Donuts                   | 1/2 Donut                    | 33g           | 110         | 6        | 2.5        | 0 | 10         | 210         | 15         | 0 | 7          | 2        | Contains Egg, Gluten, Milk, Soy, Wheat.  | May also contain Gluten.   | Vegetarian                             |
| Donut - Glazed<br>Donut - Glazed (1/2)                                     | Donuts<br>Donuts         | 1 Donut<br>1/2 Donut         | 73g           | 240<br>120  | 12       | 4.5<br>2.5 | 0 | 20<br>10   | 390<br>200  | 36<br>18   | 1 | 18         | 3<br>2   | Contains Egg, Gluten, Milk, Soy, Wheat.  | May also contain Gluten.<br>May also contain Gluten.                       | Vegetarian                             |
| Donut - Glazed (1/2)<br>Donut - Powdered Sugar                             | Donuts                   | 1/2 Donut                    | 36g<br>65g    | 220         | 13       | 2.5        | 0 | 20         | 410         | 18         | 1 | 9<br>12    | 2        | Contains Egg, Gluten, Milk, Soy, Wheat.<br>Contains Egg, Gluten, Milk, Soy, Wheat.         | May also contain Gluten.<br>May also contain Gluten.                       | Vegetarian<br>Vegetarian               |
| Donut - Powdered Sugar (1/2)   | Donuts                   | 1/2 Donut                    | 32g           | 110         | 6        | 2.5        | 0 | 10         | 210         | 15         | ō | 6          | 2        | Contains Egg, Gluten, Milk, Soy, Wheat.  | May also contain Gluten.   | Vegetarian                             |
| Vegan Cake Donut   | Donuts                   | 1 Donut                      | 60g           | 220         | 12       | 4          | 0 | 0          | 310         | 25         | 0 | 9          | 3        | Contains Gluten, Soy, Wheat.   | May also contain Gluten.   | Vegan, Vegetarian                      |
| Donut Pop  | Donuts                   | 1 Donut Pop                  | 45g           | 150         | 5        | 2          | 0 | 10         | 170         | 27         | 0 | 18         | 1        | Contains Egg, Gluten, Milk, Soy, Wheat.  | May also contain Gluten, Sulphites.  | Vegetarian                             |
| Donut Hole Cinnamon Sugar  | Donuts                   | 1 Donut Hole                 | 17g           | 60          | 3        | 1          | 0 | 5          | 105         | 8          | 0 | 3          | 1        | Contains Egg, Gluten, Milk, Soy, Wheat.  | May also contain Gluten.   | Vegetarian                             |
| Donut Hole Chocolate Drizzle<br>Donut Hole Vanilla Drizzle                 | Donuts                   | 1 Donut Hole<br>1 Donut Hole | 20g<br>20g    | 70<br>70    | 4<br>3.5 | 1.5<br>1.5 | 0 | 5          | 105<br>105  | 9          | 0 | 4          | 1        | Contains Egg, Gluten, Milk, Soy, Wheat.<br>Contains Egg, Gluten, Milk, Soy, Wheat.         | May also contain Gluten, Sulphites.<br>May also contain Gluten, Sulphites. | Vegetarian<br>Vegetarian               |
| Donut Hole Cup Cinnamon Sugar  | Grab and Go              | 12 Donut Holes               | 198g          | 680         | 38       | 15         | 0 | 65         | 1230        | 91         | 2 | 39         | 10       | Contains Egg, Gluten, Milk, Soy, Wheat.  | May also contain Gluten.   | Vegetarian                             |
| Donut Hole Cup Chocolate Drizzle   | Grab and Go              | 10 Donut Holes               | 185g          | 660         | 36       | 14         | 0 | 50         | 1000        | 90         | 2 | 40         | 10       | Contains Egg, Gluten, Milk, Soy, Wheat.  | May also contain Gluten, Sulphites.  | Vegetarian                             |
| Donut Hole Cup Vanilla Drizzle   | Grab and Go              | 10 Donut Holes               | 185g          | 650         | 34       | 13         | 0 | 50         | 970         | 93         | 2 | 44         | 10       | Contains Egg, Gluten, Milk, Soy, Wheat.  | May also contain Gluten, Sulphites.  | Vegetarian                             |
| Blueberry Drizzle  | Drizzles                 | .4 oz                        | 11g           | 40          | 0        | 0          | 0 | 0          | 0           | 9          | 0 | 8          | 0        |  | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Blueberry Drizzle - 1/2  | Drizzles                 | .2 oz                        | 6g            | 20          | 0        | 0          | 0 | 0          | 0           | 4          | 0 | 4          | 0        |  | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Chocolate Drizzle<br>Chocolate Drizzle - 1/2                               | Drizzles<br>Drizzles     | .4 oz                        | 11g           | 45<br>25    | 1.5      | 1          | 0 | 0          | 10          | 8          | 0 | 7          | 0        | Contains Milk, Soy.  | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Coffee Drizzle - 1/2<br>Coffee Drizzle                                     | Drizzles                 | .2 oz<br>.4 oz               | 6g<br>11g     | 40          | 0        | 0          | 0 | 0          | 0           | 4          | 0 | 4          | 0        | Contains Milk, Soy.  | May also contain Sulphites.<br>May also contain Sulphites.                 | Vegan, Vegetarian<br>Vegan, Vegetarian |
| Coffee Drizzle 1/2   | Drizzles                 | .2 oz                        | 6g            | 20          | ō        | ő          | ő | ő          | ő           | 4          | ő | 4          | ő        |  | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Glaze Drizzle  | Drizzles                 | .4 oz                        | 11g           | 35          | 0        | 0          | 0 | 0          | 0           | 9          | 0 | 8          | 0        |  |  | Vegan, Vegetarian                      |
| Glaze Drizzle - 1/2  | Drizzles                 | .2 oz                        | 6g            | 20          | 0        | 0          | 0 | 0          | 0           | 5          | 0 | 4          | 0        |  |  | Vegan, Vegetarian                      |
| Hazelnut Drizzle   | Drizzles                 | .4 oz                        | 11g           | 60          | 3.5      | 1          | 0 | 0          | 10          | 7          | 0 | 6          | 1        | Contains Milk, Soy, Tree Nuts.   |  | Vegetarian                             |
| Hazelnut Drizzle - 1/2<br>Hot Fudge Drizzle                                | Drizzles<br>Drizzles     | .2 oz<br>.2 oz               | 6g            | 30<br>20    | 2        | 0.5        | 0 | 0          | 5<br>10     | 3          | 0 | 3          | 0        | Contains Milk, Soy, Tree Nuts.<br>Contains Milk.   |  | Vegetarian<br>Vegetarian               |
| Hot Fudge Drizzle - 1/2  | Drizzles                 | .2 oz<br>.1 oz               | 6g<br>3g      | 10          | 0        | 0          | 0 | 0          | 10          | 3          | 0 | 3          | 0        | Contains Milk.   |  | Vegetarian                             |
| Key Lime Drizzle   | Drizzles                 | .4 oz                        | 11g           | 40          | ō        | 0          | 0 | 0          | 0           | 9          | ő | 8          | ő        | Contains witk.   | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Key Lime Drizzle - 1/2   | Drizzles                 | .2 oz                        | 6g            | 20          | 0        | ō          | 0 | ō          | ō           | 4          | ō | 4          | 0        |  | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Lemon Drizzle  | Drizzles                 | .4 oz                        | 11g           | 40          | 0        | 0          | 0 | 0          | 0           | 9          | 0 | 9          | 0        |  | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Lemon Drizzle - 1/2  | Drizzles                 | .2 oz                        | 6g            | 20          | 0        | 0          | 0 | 0          | 0           | 5          | 0 | 4          | 0        |  | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Lucky Duck Drizzle   | Drizzles<br>Drizzles     | .4 oz<br>.2 oz               | 11g           | 40<br>20    | 0        | 0          | 0 | 0          | 0           | 9          | 0 | 8          | 0        |  | May also contain Sulphites.  | Vegan, Vegetarian<br>Vegan, Vegetarian |
| Lucky Duck Drizzle - 1/2<br>Maple Drizzle                                  | Drizzles                 | .2 oz<br>.4 oz               | 6g<br>11g     | 40          | 0        | 0          | 0 | 0          | 0           | 4          | 0 | 4          | 0        |  | May also contain Sulphites.<br>May also contain Sulphites.                 | Vegan, Vegetarian<br>Vegan, Vegetarian |
| Maple Drizzle - 1/2  | Drizzles                 | .2 oz                        | 6g            | 20          | ō        | õ          | 0 | 0          | ō           | 5          | ō | 4          | 0        |  | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Marshmallow Drizzle  | Drizzles                 | .2 oz                        | 6g            | 5           | 0        | 0          | 0 | 0          | 0           | 1          | 0 | 1          | 0        |  |  | Vegan, Vegetarian                      |
| Marshmallow Drizzle - 1/2  | Drizzles                 | .1 oz                        | 3g            | 5           | 0        | 0          | 0 | 0          | 0           | 1          | 0 | 0          | 0        |  |  | Vegan, Vegetarian                      |
| Patrioduck Drizzle   | Drizzles                 | .4 oz                        | 11g           | 40          | 0        | 0          | 0 | 0          | 0           | 9          | 0 | 8          | 0        |  | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Patrioduck Drizzle - 1/2<br>Peanut Butter Drizzle                          | Drizzles<br>Drizzles     | .2 oz<br>.4 oz               | 6g<br>11g     | 20<br>45    | 0        | 0          | 0 | 0          | 10          | 4          | 0 | 4          | 0        | Contains Peanut.   | May also contain Sulphites.<br>May also contain Sulphites.                 | Vegan, Vegetarian<br>Vegan, Vegetarian |
| Peanut Butter Drizzle - 1/2  | Drizzles                 | .2 oz                        | 6g            | 20          | 0.5      | 0          | 0 | 0          | 0           | 4          | ō | 4          | ő        | Contains Peanut.   | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Peppermint Drizzle   | Drizzles                 | .4 oz                        | 11g           | 40          | 0        | 0          | 0 | 0          | 0           | 9          | 0 | 9          | 0        |  | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Peppermint Drizzle - 1/2   | Drizzles                 | .2 oz                        | 6g            | 20          | 0        | 0          | 0 | 0          | 0           | 5          | 0 | 4          | 0        |  | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Pumpkin Drizzle  | Drizzles                 | .4 oz                        | 11g           | 30<br>15    | 0        | 0          | 0 | 0          | 0           | 6          | 0 | 6          | 0        |  | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Pumpkin Drizzle - 1/2<br>Raspberry Drizzle                                 | Drizzles<br>Drizzles     | .2 oz<br>.1 oz               | 6g<br>3g      | 15          | 0        | 0          | 0 | 0          | 0           | 3          | 0 | 3          | 0        |  | May also contain Sulphites.  | Vegan, Vegetarian<br>Vegan, Vegetarian |
| Raspberry Drizzle - 1/2  | Drizzles                 | .05 oz                       | 1.4g          | 5           | 0        | 0          | 0 | 0          | 0           | 1          | 0 | 1          | 0        |  |  | Vegan, Vegetarian                      |
| Salted Caramel Drizzle   | Drizzles                 | .1 oz                        | 3g            | 10          | 0        | 0          | 0 | 0          | 20          | 2          | 0 | 1          | 0        | Contains Milk.   |  | Vegetarian                             |
| Salted Caramel Drizzle - 1/2   | Drizzles                 | .05 oz                       | 1.4g          | 5           | 0        | 0          | 0 | 0          | 10          | 1          | 0 | 1          | 0        | Contains Milk.   |  | Vegetarian                             |
| Strawberry Drizzle   | Drizzles                 | .4 oz                        | 11g           | 40          | 0        | 0          | 0 | 0          | 0           | 9          | 0 | 9          | 0        |  | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Strawberry Drizzle - 1/2<br>Vanilla Drizzle                                | Drizzles<br>Drizzles     | .2 oz<br>.4 oz               | 6g<br>11g     | 20<br>40    | 0        | 0          | 0 | 0          | 0           | 9          | 0 | 4          | 0        |  | May also contain Sulphites.<br>May also contain Sulphites.                 | Vegan, Vegetarian<br>Vegan, Vegetarian |
| Vanilla Drizzle - 1/2  | Drizzles                 | .4 02<br>.2 oz               | 11g<br>6g     | 20          | 0        | 0          | 0 | 0          | 0           | 5          | 0 | 4          | 0        |  | May also contain Sulphites.  | Vegan, Vegetarian                      |
| Coffee Frappe - Add Sauce Large  | Frappes                  | 20 fl oz                     | 1033g         | 520         | 15       | 13         | ō | ō          | 260         | 86         | 1 | 66         | 5        | Contains Milk, Soy.  | ,  | Vegetarian                             |
| Coffee Frappe - Add Sauce Regular  | Frappes                  | 16 fl oz                     | 664g          | 280         | 9        | 7          | 0 | 0          | 135         | 44         | 1 | 34         | 3        | Contains Milk, Soy.  |  | Vegetarian                             |
| Coffee Frappe - Add Syrup Large  | Frappes                  | 20 fl oz                     | 1010g         | 430         | 15       | 13         | 0 | 0          | 220         | 69         | 0 | 49         | 4        | Contains Milk, Soy.  |  | Vegetarian                             |
| Coffee Frappe - Add Syrup Regular<br>Coffee Frappe - Large                 | Frappes                  | 16 fl oz<br>20 fl oz         | 652g<br>990g  | 230<br>370  | 9<br>15  | 7          | 0 | 0          | 115<br>220  | 36<br>55   | 0 | 26<br>35   | 2        | Contains Milk, Soy.<br>Contains Milk. Sov.   |  | Vegetarian<br>Vegetarian               |
| Coffee Frappe - Large<br>Coffee Frappe - Regular                           | Frappes                  | 20 fl oz                     | 990g<br>638g  | 370         | 8        | 12<br>6    | 0 | 0          | 115         | 28         | 0 | 18         | 4        | Contains Milk, Soy.<br>Contains Milk, Soy.   |  | Vegetarian                             |
| Confetti Cupcake Frappe - Large  | Frappes                  | 20 fl oz                     | 1076g         | 710         | 24       | 14         | ő | 5          | 290         | 119        | ő | 77         | 12       | Contains Milk, Soy.  |  | Vegetarian                             |
| Confetti Cupcake Frappe - Regular  | Frappes                  | 16 fl oz                     | 696g          | 430         | 16       | 7          | 0 | 0          | 150         | 70         | Ō | 39         | 9        | Contains Milk, Soy.  |  | Vegetarian                             |
| Oreo Cookie Frappe - Medium  | Frappes                  | 16 fl oz                     | 688g          | 380         | 12       | 8          | 0 | 0          | 200         | 63         | 1 | 47         | 4        | Contains Gluten, Milk, Soy, Wheat.   | May also contain Gluten.   | Vegetarian                             |
| S'mores Frappe - Large<br>S'mores Frappe - Medium                          | Frappes                  | 20 fl oz<br>16 fl oz         | 1064g<br>686g | 630<br>360  | 15<br>9  | 13         | 0 | 0          | 290<br>160  | 110<br>62  | 2 | 88<br>50   | 6<br>3   | Contains Gluten, Milk, Soy, Wheat.<br>Contains Gluten, Milk, Soy, Wheat.                   | May also contain Gluten.<br>May also contain Gluten.                       | Vegetarian<br>Vegetarian               |
| S mores Frappe - Medium<br>Oreo Cookie Frappe - Large                      | Frappes                  | 20 fl oz                     | 686g<br>1049g | 600         | 18       | 14         | 0 | 0          | 320         | 62<br>99   | 1 | 73         | 3<br>6   | Contains Gluten, Milk, Soy, Wheat.<br>Contains Gluten, Milk, Soy, Wheat.                   | May also contain Gluten.<br>May also contain Gluten.                       | Vegetarian                             |
| Birthday Cake Milkshake  | Milkshakes               | 16 fl oz                     | 453g          | 870         | 35       | 23         | ő | 130        | 310         | 124        | ō | 106        | 15       | Contains Milk.   | may also contain diatem  | Vegetarian                             |
| Blueberry Millkshake   | Milkshakes               | 16 fl oz                     | 426g          | 690         | 33       | 22         | 0 | 125        | 270         | 86         | 0 | 71         | 14       | Contains Milk.   | May also contain Sulphites.  | Vegetarian                             |
| Chocolate Milkshake  | Milkshakes               | 16 fl oz                     | 483g          | 930         | 33       | 22         | 0 | 125        | 340         | 138        | 3 | 125        | 17       | Contains Milk, Soy.  |  | Vegetarian                             |
| Chocolate Shake with Chocolate Ice Cream                                   | Milkshakes               | 16 fl oz                     | 385g          | 700         | 26       | 16         | 0 | 90         | 270         | 103        | 2 | 90         | 15       | Contains Milk.   |  | Vegetarian                             |
| Cookies 'N Cream Milkshake<br>Cookies 'N Cream Milkshake w/ Optional Donut | Milkshakes<br>Milkshakes | 16 fl oz<br>16 fl oz         | 456g<br>518g  | 760<br>970  | 36<br>49 | 23<br>28   | 0 | 130<br>150 | 330<br>740  | 93<br>119  | 0 | 74<br>83   | 16<br>19 | Contains Gluten, Milk, Soy, Wheat.<br>Contains Egg, Gluten, Milk, Soy, Wheat.              | May also contain Gluten.<br>May also contain Gluten.                       | Vegetarian<br>Vegetarian               |
| Lucky Duck Milkshake   | Milkshakes               | 16 fl oz                     | 518g<br>445g  | 700         | 49<br>34 | 28         | 0 | 130        | 280         | 83         | 0 | 68         | 19       | Contains Egg, Gluten, Milk, Soy, Wheat.<br>Contains Gluten, Milk.                          | May also contain Gluten.<br>May also contain Gluten.                       | Vegetarian                             |
| Maple Bacon Milkshake  | Milkshakes               | 16 fl oz                     | 447g          | 700         | 34       | 22         | ō | 135        | 350         | 83         | 0 | 68         | 16       | Contains Milk.   | May also contain Sulphites.  | - Bereiter                             |
| Patrioduck Milkshake   | Milkshakes               | 16 fl oz                     | 487g          | 900         | 44       | 27         | 0 | 130        | 270         | 114        | 0 | 91         | 15       | Contains Milk, Soy.  |  | Vegetarian                             |
| Salted Caramel Milkshake   | Milkshakes               | 16 fl oz                     | 452g          | 760         | 33       | 22         | 0 | 125        | 390         | 103        | 0 | 88         | 14       | Contains Milk.   |  | Vegetarian                             |
| S'mores Milkshake<br>S'mores Milkshake w/ Optional Donut                   | Milkshakes<br>Milkshakes | 16 fl oz<br>16 fl oz         | 475g<br>537g  | 950<br>1160 | 33<br>45 | 21<br>26   | 0 | 125<br>145 | 340<br>750  | 143<br>169 | 3 | 128<br>137 | 16<br>19 | Contains Gluten, Milk, Wheat.<br>Contains Egg, Gluten, Milk, Soy, Wheat.                   | May also contain Gluten.<br>May also contain Gluten.                       | Vegetarian<br>Vegetarian               |
| S'mores Milkshake w/ Optional Donut<br>Strawberries 'N Cream Milkshake     | Milkshakes<br>Milkshakes | 16 fl oz<br>16 fl oz         | 53/g<br>427g  | 1160<br>710 | 45<br>33 | 26         | 0 | 145        | 750<br>260  | 169        | 3 | 13/        | 19<br>14 | Contains Egg, Gluten, Milk, Soy, Wheat.<br>Contains Milk.                                  | May also contain Gluten.<br>May also contain Sulphites.                    | Vegetarian<br>Vegetarian               |
| Strawberries 'N Cream Milkshake w/ Optional Donut                          | Milkshakes               | 16 fl oz                     | 427g<br>489g  | 920         | 45       | 22         | 0 | 145        | 670         | 117        | 1 | 84         | 14       | Contains Wilk.<br>Contains Egg, Gluten, Milk, Soy, Wheat.                                  | May also contain Gluten, Sulphites.  | Vegetarian                             |
| Vanilla Milkshake  | Milkshakes               | 16 fl oz                     | 439g          | 680         | 33       | 22         | 0 | 130        | 270         | 80         | ō | 67         | 15       | Contains Milk.   |  | Vegetarian                             |
| Bacon Egg and Cheese - English muffin                                      | Sandwiches               | 1 Sandwich                   | 129g          | 320         | 17       | 6          | 0 | 140        | 830         | 25         | 1 | 2          | 13       | Contains Egg, Gluten, Milk, Soy, Wheat.  | May also contain Gluten.   |  |
| Bacon, Egg & Cheese Bagel  | Sandwiches               | 1 Sandwich                   | 145g          | 410         | 20       | 8          | 0 | 150        | 1030        | 38         | 1 | 4          | 17       | Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.  | May also contain Gluten.   |  |
| Bacon, Egg & Cheese Donut  | Sandwiches<br>Sandwiches | 1 Sandwich<br>1 Sandwich     | 132g          | 390<br>340  | 27<br>14 | 11<br>6    | 0 | 160<br>135 | 1020<br>780 | 28<br>38   | 1 | 10         | 12<br>13 | Contains Egg, Gluten, Milk, Soy, Wheat.  | May also contain Gluten.<br>May also contain Gluten.                       |  |
| Egg & Cheese Bagel<br>Egg and Cheese Donut                                 | Sandwiches               | 1 Sandwich<br>1 Sandwich     | 130g<br>124g  | 340         | 14<br>24 | 6<br>10    | 0 | 135        | 780<br>890  | 38         | 1 | 4<br>10    | 13<br>10 | Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.<br>Contains Egg, Gluten, Milk, Soy, Wheat. | May also contain Gluten.<br>May also contain Gluten.                       | Vegetarian                             |
| Egg and Cheese English Muffin  | Sandwiches               | 1 Sandwich                   | 124g<br>122g  | 280         | 14       | 5          | 0 | 130        | 710         | 28         | 1 | 2          | 10       | Contains Egg, Gluten, Milk, Soy, Wheat.  | May also contain Gluten.   | Vegetarian                             |
| English Muffin with cream cheese   | Sandwiches               | 1 Each                       | 85g           | 220         | 10       | 6          | 0 | 30         | 300         | 25         | 1 | 2          | 6        | Contains Gluten, Milk, Soy, Wheat.   | May also contain Gluten.   | Vegetarian                             |
| English Muffin with jelly  | Sandwiches               | 1 Each                       | 71g           | 160         | 1        | 0          | 0 | 0          | 210         | 32         | 1 | 9          | 4        | Contains Gluten, Milk, Soy, Wheat.   | May also contain Gluten.   | Vegetarian                             |
| Optional Sandwich Topping - Bacon  | Sandwiches               | .3 oz                        | 9g            | 35          | 2.5      | 1          | 0 | 15         | 190         | 0          | 0 | 0          | 3        |  |  | Marca M. C. S.                         |
| Optional Sandwich Topping - Maple Drizzle                                  | Sandwiches               | .4 oz                        | 11g           | 40          | 0        | 0          | 0 | 0          | 0           | 9          | 0 | 9          | 0        |  | May also contain Sulphites.  | Vegan, Vegetarian                      |

|  |            |            |              |            |          |          | 0 |            |              |          |   |          |          |   |                                     |                   |
|--|------------|------------|--------------|------------|----------|----------|---|------------|--------------|----------|---|----------|----------|---|-------------------------------------|-------------------|
| Sausage Egg and Cheese Donut   | Sandwiches | 1 Sandwich | 167g<br>173g | 530<br>520 | 41       | 16<br>12 | 0 | 180<br>165 | 1170<br>1060 | 28<br>38 | 1 | 10       | 16<br>19 | Contains Egg, Gluten, Milk, Soy, Wheat.         | May also contain Gluten.            |                   |
| Sausage, Egg & Cheese Bagel  | Sandwiches | 1 Sandwich |              |            | 31       | 12       | 0 | 165        | 990          | 38       | 1 | 4        | 19       | Contains Egg, Gluten, Milk, Sesame, Soy, Wheat. | May also contain Gluten.            |                   |
| Sausage, Egg & Cheese English Muffin<br>Chocolate Madness Donut Sundae | Sandwiches | 1 Sandwich | 165g         | 460        | 31<br>27 | 11       | 0 | 65         | 500          | 25<br>69 | 1 | 45       | 1/       | Contains Egg, Gluten, Milk, Soy, Wheat.         | May also contain Gluten.            |                   |
|  | Sundaes    | 1 Sundae   | 195g         | 530        | 27       | 14       | 0 | 65         | 480          | 63       | 1 | 45       | 8        | Contains Egg, Gluten, Milk, Soy, Wheat.         | May also contain Gluten, Sulphites. | Vegetarian        |
| Classic Donut Sundae   | Sundaes    | 1 Sundae   | 194g         | 520        |          |          | 0 |            |              | 69       | 1 | 40       | 9        | Contains Egg, Gluten, Milk, Peanut, Soy, Wheat. | May also contain Gluten.            | Vegetarian        |
| Confetti Donut Sundae  | Sundaes    | 1 Sundae   | 197g         | 510        | 26       | 13       | 0 | 65         | 470          |          | 1 |          | 8        | Contains Egg, Gluten, Milk, Soy, Wheat.         | May also contain Gluten, Sulphites. | Vegetarian        |
| Cookies and Cream Donut Sundae   | Sundaes    | 1 Sundae   | 195g         | 520        | 26       | 14       | 0 | 65<br>70   | 490          | 69<br>84 | 1 | 46       | 4        | Contains Egg, Gluten, Milk, Soy, Wheat.         | May also contain Gluten, Sulphites. | Vegetarian        |
| Peach Donut Sundae   | Sundaes    | 1 Sundae   | 326g         | 580<br>540 | 26       | 14       | 0 | 70<br>65   | 520          | 84<br>72 | 2 | 55<br>48 | 9        | Contains Egg, Gluten, Milk, Soy, Wheat.         | May also contain Gluten.            | Vegetarian        |
| Peanut Butter Crunch Sundae  | Sundaes    | 1 Sundae   | 203g         |            | 28       | 14       | 0 |            | 840          | 56       | 1 |          | 9        | Contains Egg, Gluten, Milk, Peanut, Soy, Wheat. | May also contain Gluten.            | Vegetarian        |
| Salted Caramel Donut Sundae  | Sundaes    | 1 Sundae   | 178g         | 460        | 24       | 13       | 0 | 65         | 480          |          | 1 | 36       | 7        | Contains Egg, Gluten, Milk, Soy, Wheat.         | May also contain Gluten.            | Vegetarian        |
| S'Mores Donut Sundae   | Sundaes    | 1 Sundae   | 200g         | 520        | 26       | 14       | 0 | 65         | 500          | 68       | 1 | 44       |          | Contains Egg, Gluten, Milk, Soy, Wheat.         | May also contain Gluten, Sulphites. | Vegetarian        |
| Strawberry Shortcake Donut Sundae                                      | Sundaes    | 1 Sundae   | 189g         | 480        | 25       | 13       | 0 | 65         | 490          |          | 1 | 39       |          | Contains Egg, Gluten, Milk, Soy, Wheat.         | May also contain Gluten, Sulphites. | Vegetarian        |
| Vanilla Ice Cream  | Sundaes    | 1 Serving  | 87g          | 180        | 9        | 6        | 0 | 35         | 60           | 22       | 0 | 18       | 3        | Contains Milk.                                  |                                     | Vegetarian        |
| Apple Topping  | Toppings   | 1 oz       | 28g          | 30         | 0        | 0        | 0 | 0          | 15           | 8        | 1 | '        | 0        |   | May also contain Sulphites.         | Vegan, Vegetarian |
| Apple Topping - 1/2  | Toppings   | .5 oz      | 14g          | 15         | 0        | 0        | 0 | 0          |              | 4        | 0 | 3        | 0        |   | May also contain Sulphites.         | Vegan, Vegetarian |
| Bacon Topping  | Toppings   | .3 oz      | 9g           | 35         | 2.5      | 1        | 0 | 15         | 190          | 0        | 0 | 0        | 3        |   |                                     |                   |
| Bacon Topping - 1/2  | Toppings   | .15 oz     | 4.5g         | 20         | 1.5      | 0.5      | 0 | 10         | 95           | 0        | 0 | 0        | 2        |   |                                     |                   |
| Blue Sprinkles   | Toppings   | .1 oz      | 4g           | 20         | 1        | 0.5      | 0 | 0          | 0            | 3        | 0 | 2        | 0        | Contains Soy.                                   |                                     | Vegan, Vegetarian |
| Blue Sprinkles - 1/2   | Toppings   | .05 oz     | 2g           | 10         | 0.5      | 0        | 0 | 0          | 0            | 2        | 0 | 1        | 0        | Contains Soy.                                   |                                     | Vegan, Vegetarian |
| Buttercream Icing  | Toppings   | .6 oz      | 17g          | 90         | 5        | 2.5      | 0 | 0          | 25           | 10       | 0 | 10       | 0        | Contains Milk.                                  |                                     | Vegetarian        |
| Buttercream Icing - 1/2  | Toppings   | .3 oz      | 9g           | 45         | 2.5      | 1.5      | 0 | 0          | 10           | 5        | 0 | 5        | 0        | Contains Milk.                                  |                                     | Vegetarian        |
| Candied Rose Topping   | Toppings   | 4 grams    | 4g           | 15         | 0        | 0        | 0 | 0          | 0            | 4        | 0 | 4        | 0        |   |                                     | Vegan, Vegetarian |
| Candied Rose Topping - 1/2   | Toppings   | 2 grams    | 2g           | 10         | 0        | 0        | 0 | 0          | 0            | 2        | 0 | 2        | 0        |   |                                     | Vegan, Vegetarian |
| Celebration Sprinkles  | Toppings   | 4 grams    | 4g           | 15         | 0        | 0        | 0 | 0          | 0            | 3        | 0 | 3        | 0        | Contains Soy.                                   |                                     | Vegan, Vegetarian |
| Celebration Sprinkles - 1/2  | Toppings   | 2 grams    | 2g           | 10         | 0        | 0        | 0 | 0          | 0            | 2        | 0 | 2        | 0        | Contains Soy.                                   |                                     | Vegan, Vegetarian |
| Chocolate Sprinkles  | Toppings   | .1 oz      | 3g           | 10         | 0        | 0        | 0 | 0          | 0            | 2        | 0 | 1        | 0        |   |                                     | Vegan, Vegetarian |
| Chocolate Sprinkles - 1/2  | Toppings   | .05 oz     | 1.4g         | 5          | 0        | 0        | 0 | 0          | 0            | 1        | 0 | 1        | 0        |   |                                     | Vegan, Vegetarian |
| Graham Cracker Topping   | Toppings   | .1 oz      | 3g           | 10         | 0        | 0        | 0 | 0          | 20           | 2        | 0 | 1        | 0        | Contains Gluten, Wheat.                         | May also contain Gluten.            | Vegan, Vegetarian |
| Graham Cracker Topping - 1/2   | Toppings   | .05 oz     | 1.4g         | 5          | 0        | 0        | 0 | 0          | 10           | 1        | 0 | 0        | 0        | Contains Gluten, Wheat.                         | May also contain Gluten.            | Vegan, Vegetarian |
| Lavendar Sprinkles   | Toppings   | 4 grams    | 4g           | 20         | 1        | 0.5      | 0 | 0          | 0            | 3        | 0 | 2        | 0        | Contains Soy.                                   |                                     | Vegan, Vegetarian |
| Lavendar Sprinkles - 1/2   | Toppings   | 2 grams    | 2g           | 10         | 0.5      | 0        | 0 | 0          | 0            | 2        | 0 | 1        | 0        | Contains Soy.                                   |                                     | Vegan, Vegetarian |
| Lucky Duck Magical Topping   | Toppings   | 3.5 grams  | 3.5g         | 15         | 0        | 0        | 0 | 0          | 20           | 3        | 0 | 0        | 0        | Contains Gluten.                                | May also contain Gluten.            | Vegan, Vegetarian |
| Lucky Duck Magical Topping - 1/2                                       | Toppings   | 1.7 grams  | 1.7g         | 5          | 0        | 0        | 0 | 0          | 10           | 1        | 0 | 0        | 0        | Contains Gluten.                                | May also contain Gluten.            | Vegan, Vegetarian |
| Oreo Topping   | Toppings   | 3 grams    | 3g           | 15         | 0.5      | 0        | 0 | 0          | 10           | 2        | 0 | 1        | 0        | Contains Gluten, Soy, Wheat.                    | May also contain Gluten.            | Vegan, Vegetarian |
| Oreo Topping - 1/2   | Toppings   | 1.5 grams  | 1.4g         | 5          | 0        | 0        | 0 | 0          | 0            | 1        | 0 | 1        | 0        | Contains Gluten, Soy, Wheat.                    | May also contain Gluten.            | Vegan, Vegetarian |
| Patrioduck Sprinkles   | Toppings   | 4 grams    | 4g           | 20         | 1        | 0.5      | 0 | 0          | 0            | 3        | 0 | 2        | 0        | Contains Soy.                                   |                                     | Vegan, Vegetarian |
| Patrioduck Sprinkles - 1/2   | Toppings   | 2 grams    | 2g           | 10         | 0.5      | 0        | 0 | 0          | 0            | 2        | 0 | 1        | 0        | Contains Soy.                                   |                                     | Vegan, Vegetarian |
| Peach Topping  | Toppings   | 1 oz       | 28g          | 20         | 0        | 0        | 0 | 0          | 0            | 4        | 0 | 4        | 0        |   |                                     | Vegan, Vegetarian |
| Peach Topping - 1/2  | Toppings   | .5 oz      | 14g          | 10         | 0        | 0        | 0 | 0          | 0            | 2        | 0 | 2        | 0        |   |                                     | Vegan, Vegetarian |
| Peanuts Topping  | Toppings   | 6 grams    | 6g           | 30         | 3        | 0        | 0 | 0          | 0            | 1        | 0 | 0        | 1        | Contains Peanut.                                |                                     | Vegan, Vegetarian |
| Peanuts Topping - 1/2  | Toppings   | 3 grams    | 3g           | 15         | 1.5      | 0        | 0 | 0          | 0            | 1        | 0 | 0        | 1        | Contains Peanut.                                |                                     | Vegan, Vegetarian |
| Pecan Topping  | Toppings   | 6 grams    | 6g           | 40         | 4        | 0        | 0 | 0          | 0            | 1        | 0 | 0        | 0        | Contains Tree Nuts.                             |                                     | Vegan, Vegetarian |
| Pecan Topping - 1/2  | Toppings   | 3 grams    | 3g           | 20         | 2        | 0        | 0 | 0          | 0            | 0        | 0 | 0        | 0        | Contains Tree Nuts.                             |                                     | Vegan, Vegetarian |
| Shredded Coconut Topping   | Toppings   | 6 grams    | 6g           | 25         | 1.5      | 1.5      | 0 | 0          | 10           | 3        | 1 | 2        | 0        | Contains Tree Nuts.                             | May also contain Sulphites.         | Vegan, Vegetarian |
| Shredded Coconut Topping - 1/2   | Toppings   | 3 grams    | 3g           | 15         | 1        | 0.5      | 0 | 0          | 5            | 2        | 0 | 1        | 0        | Contains Tree Nuts.                             | May also contain Sulphites.         | Vegan, Vegetarian |
| Streusel Topping   | Toppings   | 9 grams    | 9g           | 40         | 1.5      | 1        | 0 | 0          | 0            | 6        | 0 | 2        | 1        | Contains Gluten, Milk, Wheat.                   | May also contain Gluten.            | Vegetarian        |
| Streusel Topping - 1/2   | Toppings   | 4.5 grams  | 4.5g         | 20         | 1        | 0        | 0 | 0          | 0            | 3        | 0 | 1        | 0        | Contains Gluten, Milk, Wheat.                   | May also contain Gluten.            | Vegetarian        |
| Valentine's Day Sprinkles (Pink)                                       | Toppings   | 4 grams    | 4g           | 20         | 1        | 0.5      | 0 | 0          | 0            | 3        | 0 | 2        | 0        | Contains Soy.                                   |                                     | Vegan, Vegetarian |
| Valentine's Day Sprinkles (Pink) - 1/2                                 | Toppings   | 2 grams    | 2g           | 10         | 0.5      | 0        | 0 | 0          | 0            | 2        | 0 | 1        | 0        | Contains Soy.                                   |                                     | Vegan, Vegetarian |
| White Sprinkles  | Toppings   | 4 grams    | 4g           | 20         | 1        | 0.5      | 0 | 0          | 0            | 3        | 0 | 2        | 0        | Contains Soy.                                   |                                     | Vegan, Vegetarian |
| White Sprinkles - 1/2  | Toppings   | 2 grams    | 2g           | 10         | 0.5      | 0        | 0 | 0          | 0            | 2        | 0 | 1        | 0        | Contains Soy.                                   |                                     | Vegan, Vegetarian |
|  |            |            |              |            |          |          |   |            |              |          |   |          |          |   |                                     |                   |